



# HELMET SIZING

## ADULT

HELMET SIZE	X- SMALL	SMALL	MEDIUM	LARGE	X- LARGE	2X- LARGE	3X- LARGE
USA HAT SIZE	6 1/2	6 3/4	7	7 1/4	7 1/2	7 3/4	8
INCHES	20 1/2	21 1/4	22	22 7/8	23 5/8	24 1/2	25 1/4
CENTIMETERS	53	55	57	59	61	63	65

## HOW TO MEASURE HELMET SIZE



### MEN, WOMEN AND YOUTH

MEASURE THE LARGEST CIRCUMFERENCE OF HEAD; USUALLY JUST ABOVE EARS AND 1 INCH ABOVE EYEBROWS