

HELMET SIZING



PRODUCT SUPPORT

HELMET SIZING SPECIFICATIONS

SIZE SELECTION

SIZE	XXXS	XXS	XS	S	M	L	X	XXL	XXXL	*SHELL SHAPE
QUANTUM SERIES	●	●	●	●	●	●	●	●	●	R/O
ASTRAL SERIES		●	●	●	●	●	●	●	●	R/O
PROFILE SERIES		●	●	●	●	●	●	●	●	L/O
SIGNET SERIES	●	●	●	●	●	●	●	●	●	L/O
RX-7 SERIES		●	●	●	●	●	●	●	●	I/O
VECTOR		●	●	●	●	●	●	●	●	I/O
CLASSIC SERIES		●	●	●	●	●	●	●	●	I/O
SZ/m		●	●	●	●	●	●	●	●	I/O
SZ/RAM SERIES		●	●	●	●	●	●	●	●	I/O
VX-PRO SERIES		●	●	●	●	●	●	●	●	I/O
XD		●	●	●	●	●	●	●	●	I/O

COMPARISON (HEAD CIRCUMFERENCE)

XXXS	(49-50 CM)	L	(59-60 CM)
XXS	(51-52 CM)	XL	(61-62 CM)
XS	(53-54 CM)	XXL	(63-64 CM)
S	(55-56 CM)	XXXL	(65-66 CM)
M	(57-58 CM)		

Note that head circumference measurements should be used only as a starting point to determine your helmet size. Final judgment should follow actual test fitting of one or more of Arai's various interior fit packages to determine the best possible fit "for you"!

INTERIOR COMFORT LINING THICKNESS*

HELMET	CHEEKPADS									EAR CUP		
	SIZE	RX-7 SERIES	QUANTUM SERIES	ASTRAL SERIES	** VECTOR SERIES	SIGNET SERIES	VX-PRO	MXC-PRO	XD	PROFILE	CLASSIC/m	SZ/m
Optional	40mm	40mm	-	-	35mm	35mm	40mm	35mm	40mm	-	-	-
XXXS	-	35mm	-	-	-	-	-	-	-	-	-	-
XXS	-	30mm	-	-	-	-	-	-	-	-	-	-
XSM Std	35mm	35mm	35mm	35mm	30mm	30mm	35mm	30mm	35mm	30mm	35mm	35mm
SML Std	30mm	30mm	30mm	30mm	25mm	25mm	35mm	25mm	30mm	25mm	30mm	30mm
MED Std	30mm	30mm	30mm	30mm	25mm	25mm	35mm	25mm	30mm	25mm	30mm	30mm
LGE Std	25mm	25mm	25mm	25mm	20mm	20mm	30mm	20mm	25mm	20mm	25mm	25mm
XLG Std	25mm	25mm	25mm	25mm	20mm	20mm	30mm	20mm	25mm	20mm	25mm	25mm
XXL Std	20mm	20mm	20mm	20mm	15mm	15mm	25mm	15mm	20mm	15mm	20mm	20mm
XXXL Std	-	-	-	-	15mm	-	-	-	-	15mm	20mm	-
Optional	15mm	15mm	15mm	15mm	12mm	12mm	20mm	12mm	15mm	-	15mm	15mm
Optional	12mm	12mm	12mm	12mm	-	-	15mm	-	12mm	-	-	-

* Current size applications. However, note that changes and updates can affect the standard pad-thickness supplied with your helmet.

** The Vector model uses a unique checkpad style. This checkpad is exclusive to the Vector.



All Arai Helmets meet or exceed Snell and D.O.T. standards

INTERIOR LINING THICKNESS

RX-7 SERIES / PRO SERIES / XD / SZ/RAM II / SIGNET-GTR / QUANTUM II / PROFILE

STANDARD SIZE = ● OPTIONAL SIZE = ○

Lining Code	Helmet Size	12mm	10mm	7m	5mm
I	XXXS	○	●	○	○
	XXS	○	○	●	○
II	XS	○	●	○	○
	S	○	○	●	○
III	M	○	●	○	○
	L	○	○	●	○
IV	XL	○	○	●	○
	XXL	○	○	○	●
V	XXXL	○	○	●	○

Like our optional Removable / Replaceable Cheekpads that allow you to more custom-fit your Arai, we offer the same option on above models with Removable Liners.

NOTE: When ordering an optional Liner of a different size, you must order the same Lining Code that comes in your helmet, and then specify the desired thickness. For example, if you desire an optional 5mm liner for a "Large" helmet, you must specify an "III-5mm" liner.

HOW TO MEASURE HELMET SIZE



MEN, WOMEN AND YOUTH

MEASURE THE LARGEST CIRCUMFERENCE OF HEAD; USUALLY JUST ABOVE EARS AND 1 INCH ABOVE EYEBROWS